



The Wave

A publication of the Palmetto Dunes Women's Club

June 1, 2021

Newsletter 76

President's Corner

Michele Davis

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Hello, PDWC members!

I have written emails periodically over the past 18 months, attempting to keep ya'll abreast of PDWC activities during the Covid pandemic. Now I write to present an edition of *The Wave* after a year's hiatus. There is a light at the end of the tunnel and we will attempt to arise from our year and a half of isolation otherwise known as quarantine.

The PDWC Interest Group leaders are gathering input to determine members' comfort with restarting group activities. Some are restarting as we speak, such as Mah Jongg. There is agreement among most that when members are fully vaccinated, it is safe to return to small group activities, unmasked. This information is in keeping with CDC guidelines. Our plan is to have most if not all groups operating again this Fall. It is certainly up to each individual to determine their participation with group functions. And we have rescheduled our **Fall Luncheon and Meeting for Thursday, October 21, 2021** from 11:30 to 2:00. Please plan on attending this special day.

This *Wave* edition is different in that we have had a significant change in the membership of our PDWC. The articles that follow are hence a mix of explanation of what the interest group does, and information as to what the plans are for restarting activities. New members this past year have probably not met anyone nor know how the Interest groups operate, and yes there are quite a few new members. There is also a great need for interest group leaders. Several PDWC members have moved from the area during this pandemic, others have been struck with illness and now there are several vacancies for group leaders. The responsibilities of the group leader are not cumbersome, and there are support persons to help. If you think **you can help out with a leader's role please** say so. If no one steps up the group may need to end, as was the case with Knit Wits. Those groups needing new leadership are:

Culinary Adventures
Tapas at Home
Beach Sweepers
Single Ladies

Cocktails & Nibbles
Canasta (Day)
9 & Whine

Happy Tizers
Bridge - Duplicate
Pedal Pushers

Please expect more information about the PDWC over the summer months, as we attempt to keep abreast of Covid changes. Thanks for hanging in there!

Michele

Post - Pandemic

INTEREST GROUP NEWS

Additional information can be found at www.pdwc.wildapricot.org



Adventures Around Town

Gallery Hopping

Pat Batten 843-341-6638

ptbatten@aol.com

This group visits galleries and cultural destinations in the area. “Hops” are selected based upon what’s current and seasonal. No hops are planned yet but members will be advised over email when we will resume. Many galleries and art destinations have reopened with precautions taken for safety. Please support the ARTS!

Island Hoppers

Patsy Frankel 843-785-8508 prfrn55@msn.com

Betty Gene Hibner 920-915-8551 bghibner@gmail.com

Island Hoppers love to hop around the area and enjoy all sorts of activities. Most trips are local that highlight the arts, science, shopping, cooking, gardening and all things fun. Some of our past hops have included a Dolphin Cruise, Michael Anthony’s Cooking Class, Escape Room, AR Workshop, and the Savannah Bee Company. We’d like to thank Lennel Stroud and Nancy Novak for the wonderful job of organizing they have done for the Island Hoppers committee. We are now looking for two ladies to join the committee to help put together the outings. Being on the committee is as much fun as going on the outings – we always include lunch out in our planning sessions!! We also welcome any suggestions you may have for an outing for the group. The outings usually occur on the first Thursday of the month but that can vary. Come join us for a lot of fun and great company.

Lunch and a Movie

Michele Davis 843-715-9579 davis1622@twc.com

Lights, Cameras, Action! The lights were off, the cameras off, and there was repeat action (TV and movies) everywhere during Covid 19. But it looks like the entertainment life is getting back to normal. Movie theaters are reopening, restaurants are nearly 100% capacity, and Broadway is looking at reopening in the Fall. And that is where we will take our cue.

The Lunch and a Movie Group typically meets the third Thursday of the month at a local restaurant about 12 noon. Then the group is presented a list of movies showing that afternoon. After lunch, those that choose, proceed to a movie of their choice. Sometimes the entire group goes to the same movie, sometimes the group splits up. No matter how the group proceeds, it is certainly a pleasant way to spend an afternoon with friends, while keeping current on the movie world.

The Lunch and a Movie Group will attempt to begin meeting again in September. Those that are comfortable may feel free to attend. By September most if not all PDWC women should have received their Covid vaccinations and according to the CDC, small group meetings are deemed safe. Look for invites from our software wild apricot beginning the start of September. Hope to see you and renew friendships then!

Adventures Around Town continue

Movie and a Bite to Eat

Joanne Dugle 843-842-3544

joannedugle@hargray.com



Looks like we may be able to get our Movie and a Bite to Eat going in the Fall. We have held our outing once a month on a Monday having dinner then a movie if you so decide. We have been fluid with some coming for dinner only and many partaking in dinner and movie if there is something to see. This is a very friendly group and a great way to meet people especially if you are new to the area.

I am always looking for suggestions and we enjoy trying a new restaurant and giving our opinions if they are worthy of a repeat. I hope to see many of our old members and look forward to meeting new members in the Fall. Let us plan on October once things quiet down.

Single Ladies

[Seeking a Group Leader](#)

Single Ladies officially meet once a month. Each month a different member (or 2) plan an event or social evening for all. They have done such things as an informal night at a member's home, attending events at the Town Center park, the Discovery Museum or Mitchelville. They have attended a performance at the Jazz Corner, gone on a sunset cruise on the Salty Dog, and attended an educational meeting on turtles. New members are always welcome. The group is very flexible and fluid, using the monthly calendar as a guide for opportunities for entertainment. We are currently without a group leader and need assistance organizing this group.



Athletic Endeavors

Nine & Whine

Kerry Case 512-577-7305 kerrycase@yahoo.com

Nine & Whine continued to meet once a month (with a few exceptions) thru the pandemic. We play fun games – individual or teams - to even out the playing field. A different member hosts each month to decide the game, the teams, and provide prizes. It was nice to be able to get out and see our members. Thank you for the hosts this past year.

2020)	Eileen Durkin (March 2021)	Connie Bedette (November
	Deanna Janowicz (February 2021)	Kerry Case (October 2020)
	Dacia Allen (January 2021)	Lori Double (September 2020)
	Carol Billman (December 2020 at Port Royal)	

Pedal Pushers

[Seeking a Group Leader](#)

Bicycle adventurers who meet once a month between September and May, on the third Wednesday of the month at 11:15 AM.

Athletic Endeavors continue

Rowing & Sculling

Marty Davis 843-422-3150

martyrdavis61@gmail.com

Debbie Esposito 708-819-0801

espogolf@gmail.com



Why Row?

- It's a lifetime exercise.
- It exercises your upper body, lower body, abs and back.
- It's impact-free, smooth and rhythmic.
- You can do it as hard or as easily as you like.
- There are opportunities for competition.
- It's fun.

People have successfully used rowing to:

- lower their cholesterol readings
- control their blood sugar levels
- lower their blood pressure
- lose weight
- increase fitness
- manage back pain
- work off stress
- recover from cardiac problems and other illnesses
- rehab from injuries
- cross-train for other sports
- meet friends
- feel better about themselves

This group continued during the pandemic, and still continues, to safely gather on the beautiful waters of the Broad Creek. Deb or Marty are available for lessons if you enjoy physical activity, being on the water and desire to learn a new skill. If you are interested in learning how to row in a scull contact either Marty Davis or Debbie Esposito.

Don't forget to renew your PDWC membership!

- Go to www.pdwc.wildapricot.org/joinus
- Click "edit member profile"
- Update your information and Interest Groups preferences
- Pay online or mail a check
- It's that simple!



Book Clubs

Book Club I

Pat Batten 843-341-6638 patbatten@aol.com

This "original" PDWC book discussion group meets monthly from September thru June, the first Wednesday of the month at 1:30 PM.

Book Club Too

Phyllis Napoli 843-785-3331 pnap1966@gmail.com

Book Club Too will meet on June 2nd, to discuss **Red Notice** by Bill Browder. We will not meet in July or August but will resume in September with a new list of books.

Book Club III

Connie Bedette 207-320-1279 cbedette@hotmail.com

Book Club 3 has continued to meet via Zoom throughout the pandemic and had our first in-person meeting this April. We gathered outdoors at a member's house, all of us vaccinated and socially distant. We still provided a Zoom link for people who are distant but wanted to join our discussion of **The Book of Longings** by Sue Monk Kidd. We plan to continue meeting outdoors for the time being. Some upcoming books are **A Long Petal of the Sea** by Isabel Allende, **The Four Winds** by Kristen Hannah and something new for us, a Poetry Sharing event in December, the busy month.

Book Club IV

Kathy Bowling 774-217-3431 kathybowling5@gmail.com

Book Club IV is an informal group of gals who enjoy and encourage the reading of a variety of books. Our small group meets afternoons on the first Wednesday of the month. Join us this fall to read The Overstory by Richard Powers and The Splendid and The Vile by Erik Larson. Want to participate? We have openings! Make today a great day!

Book Club V

Jackie Wilhoit 843-384-2642 interiorjw@gmail.com

Book Club V has been meeting every month all year by zoom, we have read very interesting books, We are meeting June 16th in person and by zoom also for the members who are out of town. We are planning to keep it going all year, we are really enjoying the conversation, looking forward to meeting in person.. We currently have 9 members.

Mystery Lover's Book Club

Pat Batten 843-341-6638 ptbatten@aol.com

Do you enjoy a great mystery? This group meets the second Monday of the month at 10:30am.

Cocktails and Appetizers

Cocktails & Nibbles

[Seeking a Group Leader](#)



This fun group comprised of both singles and couples enjoys sharing drinks and small bites at local restaurants. Four outings per year are planned in October, January, March, and May. All it needs is a new leader to let the fun begin again!

Happy Hours Around the World

Debbie Esposito 708-819-0801 espogolf@gmail.com

This adventurous group meets every other month and the hostess gets the opportunity to select the date and the country or state for the event. The hosts provide the tableware, plates, napkins and glasses for drinks. Some of our hosts have also looked up facts about the country and have even done a little decorating for the occasion (that is not necessary to do). Everyone brings their own beverage of choice. The recipe for the success of this group is the unique recipes that members find along with the good easy going company.

Each get together is a delicious challenge and we manage to come up with authentic recipes to everyone's delight. As we continue our taste bud's travels around the world the group looks forward to the challenge of another country or state. We are excited to share our surprise recipes and worldly creations along with great conversation.

A record of all the countries that have been selected has been kept and is shared with everyone to help the hostesses pick a country.

This year, because of the high interest in this group we have a plan to split into 2 groups if the sign up for an event gets too large. The groups will vary from event to event. If the sign up is not too high we will remain as one group.

We will start the post COVID season on Friday July, 9 with a new moon in the sky and a belated Fourth of July picnic at John and Debbie Esposito's home. The country we are celebrating is the United States!

Happy Tizers

[Seeking a Group Leader](#)

Group meets at the home of one of the members. The format is -all guests bring an appetizer to share and their own beverages. Significant others are included. The hostess provides plates, napkins, etc., and a dessert-like finale. Meetings occur in September, November, January, March, and May.

Cocktails and Appetizers continue

Happy 'Ours

Patsy Frankel 843-785-8508 prfrn55@msn.com

The Happy 'Ours group is open to couples and singles. We meet every other month (odd months) usually on a Saturday evening. In the past the norm was to meet on the second Saturday of the month but life keeps us all really busy so the date is at the hostess's discretion. The hostess provides the setups, dessert and coffee. Everyone else attending brings an appetizer to share and their own beverage.

In addition to mingling and enjoying some marvelous appetizers the hostess chooses a game to play. We often divide into groups with the women challenging the men. Of course the women usually win! In the past we've played various trivia games with Hilton Head and Georgia being the themes. Jeopardy and charades have made their debuts. It's amazing what some of the hostesses have come up with for games. What an imaginative group. Fun is had by all and no one is ever put on the spot.

In January each year we have our regifting/ white elephant party instead of the customary game. This is always the highlight of the year with many memorable moments.

Hopefully in September we will be able to restart our group. It's been a long time and no schedule so far. With that in mind feel free to sign up for this group so you will be on the email list regarding start dates.

Looking forward to seeing many of our past members as well as some new faces. Everyone is asked to host in their home. When everyone takes a turn you often host once every 2 years. Our group enjoys the company of couples and singles alike. Any questions about the group, feel to call.



Tapas at Home

Seeking a Group Leader

Appetizer social group that meets in members' homes in the even-numbered months. Host provides dessert and guests bring an appetizer to share and beverage of choice. We usually meet on a Friday evening and date is selected by host.

Tasty Tidbits

Helene Michaels 843-341-2729 footfaults@hargray.com

Anticipating covid free environment in the Fall, our group looks forward to getting together. We are a group of singles and couples who share tasty appetizers and good conversation. We hope to meet every other month at a member's home. Everyone brings an appetizer to share and a personal beverage. Dessert and coffee is provided by the hostess. There is a limit of 20 people so smaller venues can be utilized.

Please call Helene if you have any questions.

Community Projects

Beach Sweepers

[Seeking a Group Leader](#)

Take a morning stroll on the beach to help clean the beach. Outings take place the first Tuesday of the month at 8:00 AM, starting at the Dunes House. Please consider helping our community by serving as a leader for this group of wonderful women (and men, too!)

Life Story Writers

Nancy Soifer 843-785-9072 yogagranny@live.com

We are a caring group that feels it is important to record our stories or those of our families. Yes, it is a little, or maybe a lot of work, but satisfying. With gentle prodding or questions we encourage each other as we listen to your story. Join us on the first Thursday of each month at 1:30 pm We rotate the hostess for each meeting.

*As this goes to press it looks like we will be able to meet "live." As group leader I will host the first meeting tentatively scheduled for September 2. Please call Nancy Soifer at 843-785-9072 or e-mail yogagranny@live.com for information. Or go to the PDWC web site to sign up.

New Members' Tea

Patsy Frankel 843-785-8508 prfrn55@msn.com

This group is for all New Members or recent members who would like to attend a tea to meet other new members and obtain information about the organization and various groups. Board members and group leaders attend when able to share information. A visual presentation of the web page is usually offered. New members as of July 1, 2020 (because of COVID-19) will be automatically enrolled in the group. Anyone who joined recently and would like to attend a tea should contact Patsy Frankle to get on the new member list. If you are a new member (last year or currently) and do not want to be included please contact Patsy Frankle to be removed from the group list.

As we recover from the Pandemic and open our island up, group meetings will resume when appropriate. At this time there are no scheduled teas but hopefully as fall approaches we will be able to resume the New Member Teas. (With that in mind there will be multiple Teas as needed) Looking forward to seeing you in the near future.

Special Charity Events

Mary Ann Hanna 843-785-8814 maryann.hanna78@gmail.com

Once again we will plan to decorate small artificial holiday trees for recipients of Meals on Wheels. This will occur in November. Additional information will be provided.



Dinner Activities

Culinary Adventures

[Seeking a Group Leader](#)

This group is founded on the premise of enjoying food and fellowship in unique ways. Murder mystery parties, picnics in the park, are but two examples. Meets four times a year - November, February, April, and June. All this group needs is a leader, and the food & fun will continue!

Dine About Town

Linda Pekarski 843-715-0822 lh3230@gmail.com

This group meets seven times during the year. It starts in October, skips November and December, and starts up in January through May. A restaurant is chosen, usually an Early Bird with an optional menu, sometimes cocktails or a glass of wine is included. A hostess for the month is responsible for selecting and working with the restaurant and then getting the invitation out through our website and keeping track of responses of the number of guests for the restaurant.

It's that simple and is always a great night out. We do not meet in the summer because the restaurants are so busy they don't need the extra business. At this time participants must be fully vaccinated.

Gourmet Dinner for Eight

Linda Pekarski 843-715-0822 lh3230@gmail.com

Gourmet Dinner for Eight is just that - Gourmet. No store bought items are served. The hostess makes the menu and distributes the dishes she would like to accompany her main dish, including hors d'oeuvre, appetizer, side dishes and desserts. Only one restriction: it must be a new recipe that you have not made before (yes, you can give it a trial run at home) but it must be something new that you have never served before.

You will be seated with different people each month as long as we have full participation. I believe our first year was very successful and everyone had a good time until Covid hit us and we had to hibernate. So let's try it again and enjoy good food, good people and safe company. This group meets every other month October - June. Due to the intimate nature of this group the following limits are necessary: twelve couples only; no dietary restrictions; participants must be fully vaccinated.

Not Go Gourmet

Marty Davis 843-422-3150
martyrdavis61@gmail.com



This group has been gathering for many years and hopefully we'll be back by October to enjoy the fun and gourmet delights. We meet October, December, February, April and June. Each couple either hosts or co-hosts so everyone participates. The hostesses provide the main course and those attending bring a dish and their own beverage. The exception is December: hostesses provide dessert and all others bring an appetizer. Hostesses decide what their celebration will look like: Casual, formal, brunch, picnic! I hope current couples will continue and others will join in the fun.

Dinner Activities continue

Pot Luck Party

Betty Gene Hibner 920-915-855

bghibner@gmail.com

It's all in the name — "Pot Luck"— which means casual, non-fussy dinner get togethers. The hostess picks the date and the main dish. The rest of group fills in with side dishes. BYOB. We meet monthly October through May and one summer month. We want to thank Norma Henderson for leading our group so beautifully for many years.



Games

Bridge – Duplicate

[Seeking a Group Leader](#)

The ladies in this group have enjoyed playing serious bridge for many years. We have traditionally met the fourth Monday of each month. We are currently without a group leader and need assistance organizing this group.

Bridge – Social

Verna Goodman 843-422-9756 vhgoodman@gmail.com

Nan Grote 843-301-0923 nanstahl@hargray.com

Hello Fellow Bridge Players!

With all we have experienced this past year, I really don't know what to say.

Nan and I think Social Bridge should be one group again. It will probably have to be limited to 3 tables at a session. We have lost some of our members due to relocation, not illness or COVID. Some of our members have been playing online, a few in small groups and masked. I don't think we will reorganize until the new membership year when we sign up for interest groups. By then, hopefully, as the mandates have been lifted, we'll all feel more comfortable again.

A list of this year's members who have had their vaccines and want to play now is available. You can make arrangements yourselves. If you need this list, let me know at vhgoodman@gmail.com.

Canasta - Day

[Seeking a Group Leader](#)

The afternoon Canasta group, pre-Covid, met twice a month from 1:30 to 3:30, on the second and fourth Wednesdays of each month. Summer months saw us meeting just the fourth Wednesday. All levels of play are welcome, and the group is happy to teach new comers to the game. It is not necessary to play every time, just make it when you can. In the past, meetings were held at the Palmetto Dune Fire House. However, at this time we are not permitted to use that facility so another meeting place is needed. *We are currently without a group leader and need assistance organizing this group.* Please step forward & lead this happy group of players.

Games continue

Canasta 2 - evening

Jan Vaughn 843-341-3131 jan@sailserenity.net

This Canasta group will resume meeting in September. We meet on the 4th Wednesday of the month at 7:00 pm. Each member will take a turn hosting and providing simple snacks. We do have some openings for anyone interested. We welcome new members.

Games, Games, Games

Maryann White 843-341-3632 thewhites@yahoo.com

Our Games Night group is open to both singles and couples who have been fully vaccinated and who enjoy getting together for an evening of fun, laughter, and lively conversation. Our main focus is, of course, games—dominoes, board games, or card games—which are chosen by the host, who is always delighted to teach those who are new to the game. We meet monthly on the fourth Thursday (except November and December) with members taking turns hosting and providing beverages and dessert. For an evening of fun and relaxation, with a smidgeon of competitiveness thrown in—Let the games begin! Unfortunately, since we now restrict each games night group to no more than 10 because of the pandemic, we cannot accept new members at this time.



Mah Jongg

Ellen Steele 843-785-2246

ellensteele115@roadrunner.com

Debbie Wenner-Waterman 843-341-5846

debbie-wenner@roadrunner.com

If you're a Mah Jongg player, or want to learn how to play, we hope you will join our group. Many of our members have been getting together as foursomes and playing for years. There's also a game every Thursday afternoon from 1:00 to 4:00 that is open to all members. It's a fun, casual group and you don't have to commit to playing every week. Members receive a weekly invitation to the Thursday game from the PDWC website with information about the next game and all you have to do is "register" if you want to play. The only requirement to play with this group is that you must have received both your COVID vaccinations (one if you received the Johnson and Johnson vaccination) and incubated for two weeks after receiving your last one.

Don't know how to play but want to learn? Let us know and we'll be glad to teach you. It's a lot of fun, not hard to learn and we'd love to have you mush tiles with us. We also place a group Mah Jongg Card order every year and direct the donation we receive back from the National Mah Jongg League to the Hilton Head Humane Association. For the past few years, we've been thrilled that the check keeps growing and should be more than \$400 this year. So, even if you don't join our group but do order a Mah Jongg card every year and would like to order with us, please let us know and we will be happy to add you to our card order email list. Here's to a year of good tiles and many jokers! Hope you join us.

Games continue, 2

Bunco

Terri Epps 760-522-2823 18pictures@gmail.com

Eat, drink, roll and have fun! \$6 to play. Need 12 regular members and subs. Every month will be at a different house. If you are a regular member and can not attend, you or the hostess need to find a sub for that month. Hostess provides: Appetizers, drinks, table snacks and desert. 3 Tables, 12 chairs, 12 copies of the Bunco score sheets. Winners are Most Wins, Most Buncos, Most Losses, Most Snake Eyes, The last person to have baby Bunco fuzzy dice.



Save the Date

Thursday, October 21 at 11:30 am
Fall Luncheon & Meeting

details to follow in September

Executive Board

2020 - 2021

Standing Committees

President: Michele Davis
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